

Consumer Alert!™

Survey of Grocery Items – FEBRUARY 6-7, 2019

CORPORATE AREA

ST. JAMES

WESTMORELAND

ITEMS	BRAND	SIZE	CROSS ROADS		HALF-WAY TREE	LIGUANEA		HARBOUR VIEW	WATERLOO ROAD	BARBICAN	CONSTANT SPRING	HAVENDALE		STONY HILL & ENVIRONS	RED HILLS ROAD		MONTEGO BAY				SAVANNA-LA-MAR	NEGRIL
			Hi-Lo Supermarket	Sampar's Cash & Carry	Brooklyn (Clock Tower Plaza)	Shopper's Fair	General Food Supermarket	Shopper's Fair	Mega Mart	Hi-Lo Supermarket	Hi-Lo Supermarket (Manor Park Plaza)	Super Valu	Family Pride	Joong Supermarket	Lee's Food Fair	Xtra Supermarket	Consumers' Meat Plus	Best Value Supermarket	Mega Mart	Hi-Lo Basix	D&Y Supermarket	Hi-Lo Supermarket
			J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$	J\$
CORNED BEEF (REGULAR, CANNED) - [TX]	GRACE	340 g	439.78	425.05	415.58	412.28	392.99	371.05	396.10	439.78	439.78	412.28	425.04	405.00	442.05		414.00	360.00	396.10	418.83	392.51	439.78
	LASCO	340 g	368.22	345.20	303.77 (On Special)	303.77 (On Special)	345.20	325.66	344.84	368.22	357.17	303.77 (On Special)	345.20	340.01	345.31		336.90	335.00	301.74	368.00	328.68	357.17
MACKEREL (CANNED) (In Tomato Sauce) - [NT]	GRACE	155 g	96.02	86.17	83.47	90.02	87.48	81.46	84.00	96.02	96.02	90.02	92.80	93.00	93.70	87.50	90.60	80.00	84.00	87.40	77.51	96.02
	BRUNSWICK	155 g	83.99	78.76	79.39	78.76	78.76	75.62	78.50	83.99	83.99	78.76		76.00	78.76	81.90	76.90	78.00	78.50	81.30	73.71	83.99
SARDINES (Canned, In Soya Oil) [NT]	BRUNSWICK (Canadian Style)	106 g	141.71	133.19	134.25	133.19	133.19	133.19	128.00	141.71	166.50		160.10	133.00	133.20	133.20	104.00	110.00	128.00	141.00	127.87	141.71
SARDINES (Canned, In Vegetable Oil) [NT]	GRACE	106 g	135.21	130.68	127.76	120.06	126.76	121.69	127.00	135.21	135.21	126.76	130.68	131.00	123.18	130.70	128.20	110.00	127.00	123.66	118.63	135.21
DRIED SALTED FISH [TX]	BULK	1 kg	1019.38	1105.67	1158.01	896.47	1063.65	863.27	1021.71	1019.38		899.12	1095.86	946.00	1019.38	941.58	908.60	990.00	1021.71	845.00	874.33	1019.38
	BEST DRESSED	1 kg	528.21	482.00	539.83	520.60	501.00	512.80	540.00	528.21	528.21	539.82	512.84	502.00	496.30	501.28	462.00	462.00	540.00	528.21	501.20	528.21
WHOLE CHICKEN - (Grade A, Frozen) [NT]	CB	1 kg	536.77	497.21	520.69	489.37 (On Special)	509.00	520.70	513.00	521.00	507.00	522.00	505.40	509.00	508.95	508.95		490.60	511.00	507.00	508.90	536.77
	SKIMMED MILK POWDER [TX]	LASCO - READIMILK	80 g	132.13	126.02	123.83	119.70	126.01	119.70	119.00	132.13		119.70	126.01		129.04	125.99	145.10	128.00	119.00	113.42	113.96
POWDERED WHOLE MILK - [NT]	LASCO	80 g	137.96	127.61	128.63	127.62		127.62	125.80	137.96	137.96	127.62	123.90	127.90	130.68	132.70	154.10	149.00		160.72	122.52	137.96
	ANCHOR	80 g	132.31	122.03	119.31	118.36	122.39	122.39	121.50	132.31	132.31	122.39		126.00	129.20	126.20	123.10	125.00		154.14	122.39	
SWEETENED CONDENSED MILK - [TX]	SERGE	392 g	296.84	281.55	291.75	281.55	289.43	277.86	273.78	296.84	296.84	277.86		272.99	272.84	289.44		260.00	273.78	269.56	289.43	296.85
	BETTY	395 g	267.88	266.42	258.02	255.78	261.19	250.74	248.73	267.88		250.79		246.00	261.23	261.25	265.75	250.00	248.73	247.80	250.74	247.80
FRESH MILK (Full Cream, In Tetrapack) [NT]	SERGE	1 L	350.13	328.33	330.96	328.33	328.33	306.85	309.50	350.13	350.13	328.33	306.85	322.00		341.45					312.55	350.13
	MIRACLE	1 L	309.26	280.92	303.98	295.63	286.46	280.83	274.00	309.26	309.26	286.46	286.46	286.00		297.90	274.20		307.00	309.00	267.36	309.26
INFANT FORMULA - [NT]	LASCO STEP 1	400 g	756.09	810.00	785.10	756.09	779.48	737.92	695.00	756.09	756.09	756.09	748.24	779.00	798.18	779.50	760.00	630.00	695.00	626.56	725.88	625.55
	SMA GOLD	400 g	1884.55	1802.09	1975.62	1941.00	1941.00	1781.91	1899.00	2050.00	2050.00	2050.00	1791.11	1941.00		2132.00	2000.80		1890.00	1884.55	1968.08	
MARGARINE [TX]	GOLD SEAL	227 g	157.23	140.37	149.73	155.67	140.37	137.62	141.90	157.23	157.23	140.37	140.37	149.00	149.69	149.70	133.00	135.00	165.31	157.24	135.65	157.23
	CHIFFON	227 g	274.70	211.58	259.54	263.02	243.31	238.56	250.48	274.70	274.70	259.54	243.31	263.00	259.47	259.50	237.50	230.00	286.59	274.70	234.39	274.70
COOKING OIL [NT]	LIDER	500 mL	237.57	220.26	205.41	216.78	210.28	216.78	216.00	237.57	237.57	216.78	203.78	202.00	203.78	203.80	206.30	190.88	216.00	229.22	208.12	237.57
TOMATO KETCHUP [TX]	GRACE	385 g	166.86	156.97	141.20	152.25	152.25	140.08	150.29	166.86	166.86	152.25		157.00	150.90	156.98	153.20	145.00	150.29	160.46	133.36	167.68
DARK SUGAR (Pre-Packaged) [NT]	JAMAICA GOLD	1 kg		174.96	193.47	191.94	191.94		180.00	199.42	199.42	191.94	191.94	183.00	196.54	199.60	187.30	195.00	180.00	199.42		
	GOLDEN GROVE	1 kg		175.00	217.35	207.31		207.31		195.00	215.39	215.63	178.13		182.40	185.25					218.92	
REFINED/GRANULATED SUGAR [TX]	GRACE	1 kg	515.36	531.31	519.49			515.36	490.47	515.36	515.36	549.72		531.00	552.57		518.00			515.36	486.48	515.36
RICE (White) - [NT]	BULK	1 kg	108.30	102.71	91.66	112.22	91.67	96.39	105.00	108.30	108.30	100.25	108.33	119.00	87.50	94.45	112.20	99.00	105.00	108.30	85.61	108.30
CORNMEAL - [NT]	BULK	1 kg	110.45	110.09	84.01	97.18	92.40	84.01	87.50	110.45	110.45	84.80	93.75		105.00	105.00	112.20	99.00	87.50	110.45	77.29	
COUNTER FLOUR - [NT]	BULK	1 kg	95.00	82.12	83.34	91.57	107.00	99.31	104.00	95.00	95.00	83.33	111.11	106.00		96.55	101.20	99.00	104.00	95.00	83.83	95.00
OATS (Instant or Quick) [TX]	FOSKA	225 g	143.77	134.79	135.87	134.79	134.79	134.79	130.48	143.77	143.77		134.79	127.00	138.03	140.21	131.60	135.00	130.48	129.32 (On Special)	129.41	143.77
	GRACE	225 g	135.94	137.98	134.88	133.81	133.81	133.81		142.74	142.74		137.95	115.00	134.55	130.13	134.70			142.74	128.46	142.74
WATER CRACKERS [NT]	EXCELSIOR	143 g	81.60	76.19	76.80	76.19	80.00	77.53	78.00	81.60	81.60	77.53	80.00	79.00	76.19	76.20	79.60	85.00		81.60	76.00	81.60
	NATIONAL	150 g	72.53	68.00	68.54	68.00	68.00	65.99	67.95	72.53	72.53	68.00	68.00		68.00	68.00		68.00		72.53	63.90	72.53
CREAM CRACKERS [NT]	EXCELSIOR	113 g	56.53	50.48	48.01	50.48	50.00	50.48	48.00	56.53	56.53	50.48	53.00		50.48	52.50	51.70				50.48	56.53
	NATIONAL	112 g	61.87	58.00	58.46	58.00	58.00	58.00	57.95	61.87	61.87	58.00	58.00	60.00	58.00	60.30		58.00	57.95	61.87	52.64	61.87
COCOA POWDER [TX]	ROMA	115 g	368.06	348.61	340.86	338.15	338.15	338.15	325.04	368.06	368.06	338.15	348.61	349.00	356.99	341.75	340.30			368.06	324.64	368.06
	LASCO	170 g	250.09	251.08				225.98	243.49		265.10	243.55	251.08	251.00	257.12	261.13	245.10	2				

NOTES:

All prices displayed are inclusive of tax where applicable.

- Cells highlighted in red signify the highest price for that particular item, amongst the outlets surveyed in that parish.

- Cells highlighted in green signify the lowest price for that particular item, amongst the outlets surveyed in that parish.

- NT - Not Taxable
- TX - Taxable



TIP: "Become a responsible consumer starting this World Consumer Rights Day, March 15, by planning your spend. Use the CAC's Price Inquiry Tool and Nutritional Colour Code to make financial and healthy choices."

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